

*Amendments*

In accordance with 37 C.F.R. §1.121, please amend the specification and the claims in above-identified application as set forth below.

*Amendments to the Specification*

On page 1 of the specification, please insert the following paragraphs ahead of the paragraph beginning on line 5.

*Cross-Reference to Related Applications.*

This application claims priority to PCT/EP2004/007893 filed on July 15, 2004; which claims priority to DE 103 32 097.0, filed July 15, 2003; which claims priority to DE 103 39 000.6, filed August 25, 2003 which claims priority to DE 203 15 594.7, filed October 10, 2003.

*Amendments to the Claims:*

Please cancel claims 1-56 and add the following new claims.

57. (New) An adjuster for the vertical adjustment of a head restraint having at least two support elements, comprising:

a head restraint holding module for holding the head restraint, the head restraint holding module having adjustment means variable in at least one adjustment direction for vertical adjustment of the head restraint held by head restraint holding module, the head restraint having drive means for producing an adjustment movement for moving the adjustment means,

wherein a separate flexible transmission means and a separate adjustment means are in communication with each support element, and